



**November 2017**

**Warren County Senior Center Menu**

MEALS ARE SUBJECT TO CHANGE WITHOUT NOTICE

<b>TUESDAY</b>		<b>WEDNESDAY</b>		<b>THURSDAY</b>		<b>FRIDAY</b>	
		<b>1</b> Roast beef, mashed potatoes, seasoned broccoli, baked apples, rice pudding, milk		<b>2</b> Egg salad sandwich, vegetable soup, beets, pineapple, milk		<b>3</b> Chili, spinach salad, oatmeal raisin cookie, peaches, corn bread, milk (In chili = kidney beans, onions, diced tomatoes)	
<b>6</b> <b>Center Closed</b>	<b>7</b> <b>Clarke Visits</b> Italian baked pasta w/meatballs, steamed zucchini, pineapple, applesauce, whole grain bread, milk	<b>8</b> Herbed chicken breast, bread dressing, carrots & peas, mixed salad, pears, whole grain bread, milk		<b>9</b> Oven baked pork chop, rice pilaf, baked beans, peaches, applesauce, whole grain bread, milk		<b>10</b> <b>CLOSED</b> <b>Veterans Day</b>	
<b>13.</b> <b>Center Closed</b>	<b>14</b> Home-style meatloaf, scalloped potatoes, carrots, apple crisp, slice whole grain bread, milk	<b>15</b> <b>THANKSGIVING DINNER</b>		<b>16</b> Salmon patty, Mediterranean bean salad, steamed spinach, pineapple, milk		<b>17</b> Baked ham, mashed sweet potatoes, butter beans, apple crisp, corn bread, milk	
<b>20</b> <b>Center Closed</b>	<b>21</b> <b>Lunch at Calvary</b> <b>Arrive 11:00</b>	<b>22</b> <b>BRUNCH</b> <b>Meal served 9:30</b> <b>Center Closes 11:00</b>		<b>23</b> <b>CLOSED</b> <b>Happy Thanksgiving</b>		<b>24</b> <b>CLOSED</b> <b>Holiday</b>	
<b>27</b> <b>Center Closed</b>	<b>28</b> Chicken parmesan, Pasta w/ marinara sauce, roasted veggies, fruit salad, slice whole grain bread, applesauce, milk	<b>29</b> Beef burger, roasted red potato, garden salad, baked apples, milk		<b>30</b> BBQ chicken, baked beans, steamed carrots, bread pudding, applesauce, whole grain bread, milk		<b>Dec 1</b> Baked pork chop with mushroom gravy, bread dressing, mashed sweet potato, pea salad, mandarin oranges, slice whole grain bread, milk	

**If you will not be home to receive your meal please call 540-635-8652 the day before delivery.**